

SO YOU WANT TO WRESTLE IN GRAVY?

Read this first...



Venue information

Championship Date: August Bank Holiday Monday.

Venue: The Rose & Bowl, Newchurch Rd, Stacksteads, Rossendale, Lancs, OL13 0UG.

Championship begins: 13.00pm

Registration

Entrance is on a 1st come 1st served basis. We are looking for 16 male contestants and 8 female contestants to battle it out for the title. All entrants must be amateurs and over 18 years old (for insurance purposes).

Participants should register by completing an entry form and returning it to the committee. Ken the referee will keep in touch with all of the contestants in the run up to the event so it is important to complete your contact details accurately in the entry form. You can also join our facebook page to keep updated with the latest event news. (www.facebook.com/WorldGravyWrestlingChampionships)

In previous years we have been let down by people entering and then not turning up on the day. This makes it very difficult to organise the event. If you return an entry form and later wish to cancel your entry please let us know as soon as possible.

Event information

There will be separate men's and a women's knockout, final & champion. There will be no mixed sex fighting. Some of the pictures full of muscle bound people doing flying kicks through mid-air may look a little intimidating but these will be pictures of professionals who this year will either be entered into a separate professional category or partake in a dual to advertise their club during an interval.

Each bout lasts for 2 minutes. At the end of the bout, the judges will choose a winner who will progress to the next round. The referee and judges will control the bouts and their decisions will be final.

You may be expected to take part in up to 4 bouts (for men, 3 for women) if you progress as far as the final.

All contestants **must wear fancy dress**, with a prize for the best on the day! Fun is the name of the game and the eventual winners will possess a sense of fun, wrestling ability is not a priority.

Serious aggressiveness, roughness or unsportsmanlike conduct will result in disqualification. Anyone who appears to be under the influence of alcohol will also be disqualified. Also please remember that it is a family day with children in attendance so lewd behaviour is not permitted.

The Winners of the men's and women's final will have their name engraved upon, and receive the 'Gravy Wrestling World Championship Trophy' and will retain it for 1 year.

Showering facilities will be provided. Don't forget to bring along towels and a change of clothes. You'll need them. If you're planning to stop for the evening entertainment you can leave your stuff at the R'n'B and collect it another time.

Raising funds

All participants are invited to wrestle and raise money on behalf of their own chosen charity. If you do not have a chosen charity we ask contestants to raise money for the events charity – East Lancashire Hospice (contact the committee if you require a sponsor form).

Also to boost your sponsorship the organisers of the WGW championships will donate £100 to the winners chosen charity.

We hope that you decide to take part in this year's event. We are sure it will be a great day and we hope to raise plenty of money for lots of very worthy causes.

See you in the gravy
Cheers,
WGW Organisers

Entry form

World Gravy Wrestling Championships

PLEASE WRITE IN BLOCK LETTERS

Date.....

First Name: Surname:

Address:.....
.....
.....

Postcode:

--- ----

Contact telephone number:

Email address:

Wrestling Alias: Male/Female

Charity:

The first 8 women and 16 men to complete and return the forms will be guaranteed a place. Anyone who is not guaranteed a place will be informed and asked if they would like to be put on the reserve list.

For insurance purposes we need to match our contestants according to ability. We would therefore appreciate if you could answer the following questions to enable us to do so:

Approx weight kg / lbs Age

Any contact sport experience? Yes No

**The participant shall complete and return this form to either:
Sara Lusty C/O The RLBP Co Ltd, The Pudding Mill, Springvale, Haslingden, Lancashire, BB4 5EN.
sara@reallancashireblackpuddings.co.uk**

OR hand it to Jon Lowe in person at The Rose N Bowl, Stacksteads, Bacup

